Year 4: Autumn 2 PSHE

Exploring ways to manage risk



British Value Link: **Mutual Respect and Tolerance** – understanding that people can have different views and may make different choices, and respecting the safety of ourselves and others.



Key Vocabulary

Word	Meaning
risk	A chance that something might cause harm.
hazard	Something that could be dangerous.
harm	When someone is hurt or becomes unwell.
injury	Harm to the body.
peer influence	When friends or others influence our choices.
strategy	A plan or idea to help us stay safe.
fireworks	Explosive lights used in celebrations. They can be dangerous.
bonfire	A large outdoor fire. It can be risky if not used safely.
age restriction	A rule about the minimum age for something.
road safety	Keeping safe on or near roads.
medicine	Something we take to help us when we are poorly.
household product	Products like cleaning liquids that can be harmful if not used safely.

Sticky Knowledge

1 How can we stay safe with fireworks and bonfires?

- Fireworks and bonfires can be exciting but also dangerous.
- We should always follow rules, keep a safe distance and never touch fireworks.
- Only adults should light fireworks.
- There are age restrictions for buying fireworks.



2 What are risks in the home?

- Some activities at home can be dangerous, such as using hot appliances, sharp objects or cleaning products.
- We can reduce risk by being careful, following instructions and asking an adult for help.
- We should also think about how peer influence might make us take more risks.



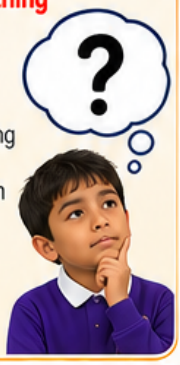
3 How can we stay safe near roads?

- We should always stop, look, listen and think.
- Use safer places to cross, such as a zebra crossing, pelican crossing or a lollipop person.
- Choose safe routes when walking and be aware of traffic and vehicles.



4 What makes something a risky choice?

- We should stop and think before taking a risk.
- Some risks can be worth taking (e.g. trying something new), but some are too risky and can cause harm.
- We should think about the possible consequences, both positive and negative.



5 How should we use medicines and household products safely?

- Medicines and household products can help us, but they can also be harmful if used incorrectly.
- We should always follow instructions, use the correct amount and keep them out of reach of younger children.
- If we are unsure, we should ask a trusted adult.



6 How can we manage peer influence and make safer choices?

- Friends can sometimes influence us to take risks.
- It is OK to say no and make our own choice.
- We can use strategies like walking away, suggesting a safer idea or talking to a trusted adult.



Top tips for managing risk



Stop and think before you act



Choose safe friends and make your own choice



Follow rules and instructions



Check age ratings (U, PG etc.) for films, programmes and games



Talk to a trusted adult if you are worried



Keep yourself and others safe



Think about the consequences (what might happen)