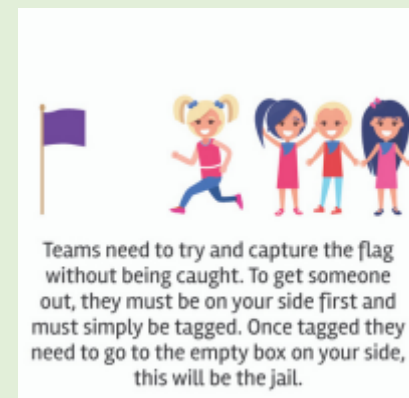


PE Year 4 Autumn 1

Project Based Learning and Mindfulness

- Understand how to use roles in a team.
- Communicate effectively to others in a team.
- Work effectively in a team.
- Communicate effectively alone, in teams.
- Use clear, calm instructions while in a team.
- Communicate to complete a task.
- Understand the importance of making the right decisions.
- Learn from making the wrong decisions.
- Show confident signs of effective decision-making.
- Show effective organisation as a team.
- Organise others and help keep a team on task.
- Work effectively in a team.
- Show signs of critical thinking and judgement individually and as a team.
- Explore new ways of thinking.
- Deal with conflicting situations and bounce back individually or as a team.



Teams need to try and capture the flag without being caught. To get someone out, they must be on your side first and must simply be tagged. Once tagged they need to go to the empty box on your side, this will be the jail.

Question

Can you communicate effectively as a team?

Vocabulary

Roles, communicate, clear, calm instructions, organisation, critical thinking, judgement, conflict, bounce back.