

PE Year 4 Summer 1

Physical Competitions and Challenges

- Participate in fun games or activities and are able to win and lose.
- Show good sportsmanship towards others at the end of a game.
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- Show good sportsmanship towards others at the end of a game.
- Share ideas with others.
- Help make new rules which are fun and engaging for others.
- Deal with unfair rules and find ways to overcome them.
- Work effectively in teams to overcome various activities.
- Use effective communication skills during activities.
- Perform difficult exercises to improve fitness.
- Motivate, encourage, and support others with success.
- Perform a variety of skills as part of a skills challenge showing accuracy and technique.



Each group will need to form as many letters in a straight line using the skipping ropes they collect. If any team are able to do so they win!

Question

Can you find ways to overcome difficulties?

Vocabulary

Participate, win, lose, sportsmanship, rules, effective communication, motivate, encourage, support, accuracy, technique.