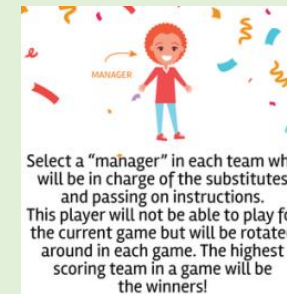


Year 6 Summer 1

Physical Competitions and Challenges

- Work effectively in a team to succeed in games/activities.
- Use effective communication skills when working in a team.
- Understand the use of substitutions and team selection in games and competitions.
- Work effectively in a team to succeed in games/activities.
- Improve dodging and evading skills when items are thrown at them.
- Improve spatial awareness skills to protect themselves and teammates.
- Work effectively with others to overcome a difficult challenge.
- Use other forms of communication to overcome challenges.
- Use different motivational skills to encourage others to perform well.
- Perform difficult exercises with others and improve strength and fitness.
- Perform a variety of skills as part of a skills challenge showing accuracy and technique.
- Show a development of skills whilst being able to support others.



Select a "manager" in each team who will be in charge of the substitutes and passing on instructions. This player will not be able to play for the current game but will be rotated around in each game. The highest scoring team in a game will be the winners!



2 children to stand at the 2 long sides with the rest of the class against one short side. Runners need to run across to the empty short side while the 2 throwers will need to throw bibs at the runners.

Question

Can you develop your skills and support others to do the same?

Vocabulary

Succeed, communication, substitutions, dodging, evading, spatial awareness, motivational skills, strength, fitness, accuracy, technique, development of skills, support others.