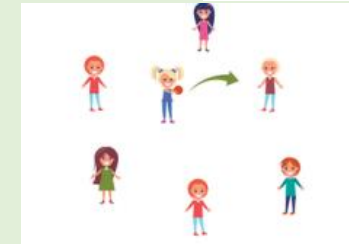


## Year 2 Spring 1

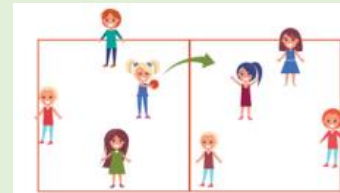
## Fundamental Skills



- Find space whilst on the move.
- Explain why finding space is important.
- Move around in spaces against defenders.
- Hop on one foot, either right/ left or both showing control.
- Landing their hop effectively making sure they hop then land softly, showing control
- Skip around an area showing control, balance and a good jump.
- Perform skips of different speeds and distances.
- Perform a skip at speed in a game situation.
- Accurately throw an item to others using an underarm throw.
- Perform an underarm throw showing correct technique.
- Successfully use an overarm throw to hit targets at various distances.



Children must move around avoiding the child with the ball as they will be trying to tag them with the ball.



Children must cover as much space as possible and can only use their hands to throw the ball out of their box and into another team's. Children must catch the ball and not hit it!

### Question

Can you say why finding space is so important?

### Vocabulary

Finding space, hop, control, land softly, skip, underarm, overarm.