

## Year 5 Autumn 1

## Project Based Learning and Mindfulness

- Delegate and perform different roles when completing tasks.
- Adapt to different scenarios and perform to the best of their ability.
- Use effective communication between team members to succeed in games.
- Communicate effectively both verbally and non-verbally.
- Effectively make a decision on our own and understand the resulting conclusions.
- Effectively make decisions as part of a team both carefully and calmly.
- Organise other team members to complete a task.
- Communicate effectively with others to stay on task.
- Able to think of various different solutions to overcome problems.
- Think of creative ways to get solutions.
- Overcome issues in teams to complete a task.
- Able to fail at something and be able to reflect and come back stronger.
- Able to work effectively in a team.



Again, one at a time, children take an item to the construction area and try and build their snowman. Once the snowmen have been built ask children to reflect on theirs and other snowmen.

### Question

Can you organise and communicate effectively?

### Vocabulary

Delegate, roles, adapt, communicate, careful, calm, organise, solutions, overcome issues, reflect, come back stronger.