

## PE Year 1 Summer 2

## Fundamental Skills



- Successfully strike a ball using one hand.
- Accurately strike an object towards a target.
- Successfully strike a ball using two hands.
- Successfully strike a ball using equipment.
- Accurately strike an object towards a target.
- Show a development of skills in movement.
- Show a better knowledge of how to perform different movements.



Children in turn must try and strike their ball to their partner with the ball rolling on the floor.



Once children have found a space, they must use two hands to try and hit their object in the air as many times as possible before it hits the floor.



Children must only use one hand to move the ball around and must avoid hitting any obstacles.

### Question

Can you accurately strike a ball towards a target?

### Vocabulary

Strike, one hand, two hands, target.